

The Place You Are Today Spent Last Night In The Green Parrot Grill



OPEN DAILY

Monday - Friday 10:30 a.m. - 2:00 a.m. | Dinner 5:00 p.m. - 10:00 p.m.

Saturday & Sunday Breakfast 8:30 a.m. - 1:00 p.m. | Lunch 12:00 p.m. - 5:00 p.m.
Dinner 5:00 p.m. - 11:00 p.m. | Happy Hour Daily 12:00 p.m. - 8:00 p.m.

4494 Lookout Road | Chicks Beach, Virginia 23455 | USA

For Parties of 9 or More | 20% Gratuity will be added—No Separate Checks

757.460.4640

www.greenparrotgrille.com





APPETIZERS

Fried Oysters Rockefeller\$6.95

Fresh Bayside Oysters—Our Twist on an Old Favorite

Traditional Style Rockefeller ..\$6.95

Six Fresh Oysters prepared on the Shell

Clams Casino\$6.25

Broiled with Our Own Succulent Toppings

Grilled Tuna Bites\$6.95

Ahi Grade Tuna cooked to order...Blackened if you like

Flash Fried Calamari\$6.50

Served with Chilled Marinara or Baja Sauce

Coconut Shrimp\$6.95

Four Plump Shrimps served with Caribbean Sauce

Fried Beer-Battered Shrimp ..\$6.95

Made with Our Sierra Nevada Pale Ale™ Beer Batter

Crab-Stuffed Mushrooms\$6.50

Five Fresh Button Mushrooms stuffed with Crabmeat,
drizzled with Butter and Broiled to perfection

Fresh Fish Taco\$2.75

Talapia, Cabbage in a Soft Tortilla, served with Baja Sauce

Deviled Crabs\$5.95

2 Shells filled with Seasoned Crab Meat

Traditional Hummus\$5.75

Fresh Housemade Hummus served with Toasted Pita Points

Parrot Wings\$8.95

Served Hot or Mild with Celery Sticks & Bleu Cheese or
Ranch Dressing

Mozzarella Cheese Sticks\$5.75

Five Lightly Breaded Sticks served with Chilled
Marinara Sauce

Fried Lumpia\$5.95

Traditional Lumpia made by our Local Momma

Southern-Fried Chicken Tenders .\$.6.25

Five Juicy Chunks of Breaded White Breast Meat and
served with Your choice of Sauce

Nachos Grande\$6.95

House cooked Tortilla Chips layered with fresh Monterey
Jack Cheese and our very own Spicy Chili—and,
of course, all the Fixin's—Mucho Grande!

~ SAUCE SELECTIONS ~

Baja | Caribbean | Chilled Marinara | Coctail | Salsa | Tartar



SOUPS

She Crab Soup\$6.50

Creamy and loaded with Fresh Crab—A Locals Favorite

New England Clam Chowder ..\$5.95

A Savory, Milk-Based Delight

Oyster Stew\$7.25

Made to Order in the Chesapeake Bay Tradition

Soup of the Day\$5.95

Ask Your Server For Today's Feature



SALADS

Chef Salad\$6.95

Mixed Greens, Carrot, Tomato, Cucumber, Egg with
Rolled Ham, Turkey & Cheese & Your Choice of Dressing

Traditional Greek Salad\$6.50

Half Salad\$4.50

A Neighborhood Favorite

Classic Caesar Salad\$5.75

Fresh Romaine Lettuce & Shredded Parmesan blended in
Rich Caesar Dressing & topped with Seasoned Croutons

Chicken, Tuna or Shrimp Add \$3.00

Fried Oysters or Scallops Add \$4.00

House Tossed Salad\$2.75

Mixed Greens, Tomato, Cucumber & Sliced Mushroom,
topped with Croutons and Your Choice of Dressing



~ DRESSING SELECTIONS ~

Asian Sesame | Bleu Cheese

Balsamic Vinaigrette | Buttermilk Ranch

Golden Italian | Oil & Vinegar

PARROT PLATES

Triple Decker Club Sandwich \$6.95
Sliced Turkey, Ham, Bacon with American or Swiss Cheese on White or Wheat Bread

French Dip\$7.50
Our Fresh Sliced Roast Beef and Dip ROCKS!

Cheeseburger\$6.50
Ten ounces of 100% Angus Beef—the Best Burger at Chicks Beach

Crab Cake Sandwich\$7.95
Fresh Lump Crab, Tomato & Romaine Lettuce on a Kaiser Roll

Grilled Chicken Sandwich\$6.95
House Marinated Boneless White Breast Meat, Lettuce & Tomato on a Kaiser Roll

Flounder Sandwich\$6.95
Lightly Breaded and Flash-fried Flounder, Tomato & Lettuce on a Kaiser Roll

Pork BBQ Sandwich\$5.95
Carolina Style—served with Fresh Housemade Cole Slaw & served on a Kaiser Roll

Tuna Sandwich\$6.95
Cooked to order—Grilled or Blackened Tuna, Lettuce & Tomato on a Kaiser Roll

Fried Oyster Sandwich\$7.50
Lightly Breaded, Flash-fried and served on a Kaiser Roll

Buffalo Chicken Wrap\$6.95
Spicy Marinated Chicken stuffed in a Pita Wrap with Lettuce, Tomato & our Buffalo Hot Sauce

~ ALL PARROT PLATES ~
are accompanied with Your Choice of Housemade Cole Slaw, Potato Salad, French Fries Onion Rings OR Apple Sauce

RAW BAR & STEAMED GOODNESS

12 Local Oysters\$8.95
Half Dozen\$5.95
Served Steamed or On The Halfshell

Clams\$8.95
Half Dozen\$5.95
Served Steamed or On The Halfshell

Peel 'n' Eat Steamed Shrimp ..\$10.95
Half Pound\$5.95
Served with Old Bay Spice on the side

Alaskan Snow Crab Legs\$10.95
One Pound Steamed Fresh

PARROT NIGHTLY SPECIALS

MONDAY

Half Rack Baby Back Ribs\$9.95
Slow-Cooked Southern Style, served with 2 Sides

TUESDAY

One Pound Steamed Shrimp ...\$9.95
Served with 2 Sides

WEDNESDAY

STEAK NIGHT - Baked Potato & Chef's Veggie of the Day—
8 Ounce Top Sirloin\$11.95
12 Ounce New York Strip\$21.95
24 Ounce Porterhouse\$13.95
Add Crab Meat or Caesar Salad ...Only \$4.00

THURSDAY

Fajita Night\$9.95
Choose from Steak, Chicken, Shrimp or Combo—made with our Secret Fajita Sauce

FRIDAY & SATURDAY

Fresh Local CatchMarket Price
Our Chefs take it from here—posted on our Blackboard

~ ALL NIGHTLY SPECIALS ~
We Offer A Glass of House Red or White Wine for Only \$2.00

All Dinners are accompanied with Hot, Fresh Dinner Roll or Hush Puppies

PARROT DINNERS

Served from 5:00 p.m. - 10:00 p.m. ~ 11:00 p.m. Saturday & Sunday
 All Dinners are accompanied with Hot, Fresh Dinner Roll or Hush Puppies

Slow-Cooked Baby Back Ribs ..\$16.95
 Half Rack.....\$12.95
 Served with Housemade Cole Slaw & One Side Dish

Grilled Chicken Breast.....\$8.95
 Marinated in our Secret Sauce—served with One Side Dish

WE DO GREAT STEAKS!

Top Sirloin “Baseball Cut”\$10.95
 8 Ounces, served with One Side Dish

House Cut New York Strip\$11.95
 12 Ounces, served with One Side Dish

Porterhouse Steak\$16.95
 24 Ounces, served with Baked Potato & One Side Dish

Filet Mignon\$17.95
 8 Ounces, served with Baked Potato & One Side Dish

...AND GREAT SEAFOOD!

2 Jumbo Lump Crabcakes.....\$17.95
 Only the freshest, blended with our own Signature Mix—
 served with Baked Potato and Chef's Veggie

Fresh Local Flounder\$12.95
 Broiled or Fried with Baked Potato & One Side Dish

Broiled Stuffed Flounder\$17.95
 Stuffed with Lump Crab Meat and served with
 Baked Potato & One Side Dish

Sea Scallops\$13.95
 Plump & Fresh! Broiled or Fried and served with Baked
 Potato & Chef's Veggie

Fried Shrimp\$12.95
 Lightly Breaded with our Sierra Nevada Pale Ale™ Beer
 Batter—Served with 2 Side Dishes

Fried Oysters\$13.50
 Beer Battered and served with 2 Side Dishes

Fried Clam Strips\$8.95
 Lightly Breaded and served with Cole Slaw & Fries

Fried Seafood Platter\$11.95
 A Green Parrot Specialty: Oysters, Scallops & Shrimp—
 Hand Battered with Sierra Nevada Pale Ale™... served
 with Baked Potato & Chef's Veggie

Tuna Filet\$11.50
 8 Ounces fired to Your temperature preference—
 choose Grilled or Blackened

Alaskan Snow Crab Legs.....\$12.95
 One pound Steamed Fresh with Fries & Cole Slaw

Surf & Turf\$21.95
 Sensational combination! 12 Ounce New York Strip
 served with 5 Beer Battered Shrimp, Baked Potato &
 Chef's Veggie

~ DINNER SIDE DISH SELECTIONS ~

Fresh Housemade Cole Slaw | Housemade Potato Salad
 French Fries | Apple Sauce | Onion Rings | House Garden Salad (Add \$1.00)
 Chef's Veggie (Add \$2.50) | Baked Potato (Add \$1.50)

BEVERAGES

Coffee or Tea\$1.75

Milk\$1.75

Soft Drinks\$1.75
 Coke, Sprite, Ginger Ale, Club Soda & Tonic Water

Perrier™ Carbonated Mineral Water\$2.75

Fruit Juices\$2.00
 Small\$1.00
 Cranberry, Orange, Pineapple or White Grapefruit

Espresso\$2.95

Cappuccino\$3.25

Latté\$3.25

DESSERTS

Key Lime Pie\$4.95
 Our Signature Housemade Pie—Florida Key Style!

Daily Desserts\$5.75
 Please ask your Server about today's Feature

à la Mode\$1.75

2 Scoops of Ice Cream\$2.95